

Study Pre-Health. Do anything.



Caroline Christmann '19
Arts and Letters
Pre-Health major
M.D. student, Baylor College of Medicine

"I chose to major in Arts & Letters Pre-Health because of the freedom and flexibility it offered me to pursue passions in both medicine and policy. I had the opportunity to take the coursework I needed to prepare for medical school alongside a wide variety of opportunities to expand my knowledge in policy, public health, advocacy, and the world around me more generally.

"The most beneficial part of the program was the combination of guidance and flexibility it offered as I pursued my primary major in political science and my pre-med curriculum. I had ample support and advice as I planned my schedule and chose courses that matched my interests timeline.

"The thesis work that I completed for my political science major

has quite literally enabled me to network and build connections everywhere from the operating room to national scientific conferences, and continuation of the research I pursued for my thesis has opened new doors and provided thrilling opportunities in medical school, including the opportunity to present at an international conference and prepare the work for publication.

"Long-term, my major in Arts & Letters Pre-Health has given me the critical thinking skills to identify systemic injustices, communicate effectively, and advocate well while pursuing my medical training. Arts & Letters Pre-Health offered flexibility to pursue all of my passions during my four years at Notre Dame, ultimately leading to professional opportunities and the abilities necessary to pursue them."

25%
entered
service
programs



Alliance for Catholic Education, Baton Rouge, Louisiana
Amate House, Chicago
Casa de Esperanza de los Niños, Houston, Texas
City Year, Los Angeles
Companeros en Salud/Partners in Health, Mexico
ECHO, Knoxville, Tennessee

Source: Center for Career Development First Destination Reports, 2017-2021

Farm of the Child, Honduras
Jesuit Volunteer Corps, Milwaukee, Wisconsin
Mercy Volunteer Corps, Savannah, Georgia
Nazareth Farm, Salen, West Virginia
Nuestros Pequeños Hermanos, Honduras
Open Arms Home for Children, South Africa
Partners in Health, Mexico
Robinson Community Learning Center, South Bend, Indiana
Teach for America, New Orleans, Louisiana
Westmoreland Volunteer Program, Washington, D.C.

98%

of recent Arts and Letters Pre-Health majors found success within six months of graduation.



44%
enrolled in graduate or professional school

Medicine: Creighton University, Duke University, Medical University of South Carolina, Michigan State University, Louisiana State University, Northwestern University, Rush University, University College Dublin, University of Arizona, University of Cincinnati, University of Florida, University of Michigan, University of Pennsylvania, University of Toledo, Vanderbilt University

Dentistry: University of Nebraska, University of Pennsylvania

Global health: Emory University

Health exercise and sports science: The Citadel

International relations: Johns Hopkins University

Irish writing: Trinity College Dublin

Physical therapy: Northwestern University

Physiology: Loyola University Chicago, University of Michigan

Public and international affairs: Virginia Tech

Public health: Northwestern University

Veterinary science: University of Kentucky

21%
started full-time jobs



ACO analyst, VillageMD
Adult case manager, Western Montana Mental Health Center
Analyst, Goldman Sachs
Clinical informatics specialist, Oak Street Health
Clinical research assistant, Children's National Medical Center
Consultant, Huron Consulting Group
Financial professional, Equitable Advisors
Health coach, St. Thomas Community Health Center
Investment banker, Citi
Management consultant, HealthScape Advisors
Medical assistant, Capital Dermatology
Physicians assistant, St. John's University
Pricing analyst, Broker Genius
Project manager, Epic
Research coordinator, Northwestern Feinberg School of Medicine
Research technician, Cleveland Clinic
Scribe, Emergency Physicians Professional Association

Curriculum requirements

Primary major in the arts, humanities, or social sciences, and:

8 credits of calculus

8 credits of general biology

16 credits of chemistry

8 credits of physics

9 credits of upper-level science electives

9%
pursued other opportunities



(Completing an internship, joining the military conducting research, taking a gap year, pursuing independent creative or freelance work, or volunteering")

Director of Arts and Letters Pre-Health
104 O'Shaughnessy Hall 574-631-7098

Maureen Dawson mdawson3@nd.edu
prehealth.nd.edu

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