Study Pre-Health. Do anything.

98% of recent Arts and Letters Pre-Health majors found success within six months of graduation.

21% started full-time jobs

- ACO analyst, VillageMD
- Adult case manager, Western Montana Mental Health Center
- Analyst, Goldman Sachs
- Clinical informatics specialist, Oak Street Health
- Clinical research assistant, Children’s National Medical Center
- Consultant, Huron Consulting Group
- Financial professional, Equitable Advisors
- Health coach, St. Thomas Community Health Center
- Investment banker, Citi
- Management consultant, HealthScape Advisors
- Medical assistant, Capital Dermatology
- Physicians assistant, St. John’s University
- Pricing analyst, Broker Genius
- Project manager, Epic
- Research coordinator, Northwestern Feinberg School of Medicine
- Research technician, Cleveland Clinic
- Scribe, Emergency Physicians Professional Association

44% enrolled in graduate or professional school

- Medicine: Creighton University, Duke University, Medical University of South Carolina, Michigan State University, Louisiana State University, Northwestern University, Rush University, University College Dublin, University of Arizona, University of Cincinnati, University of Florida, University of Michigan, University of Pennsylvania, University of Toledo, Vanderbilt University
- Dentistry: University of Nebraska, University of Pennsylvania
- Global health: Emory University
- Health exercise and sports science: The Citadel
- International relations: Johns Hopkins University
- Irish writing: Trinity College Dublin
- Physical therapy: Northwestern University
- Physiology: Loyola University Chicago, University of Michigan
- Public and international affairs: Virginia Tech
- Public health: Northwestern University
- Veterinary science: University of Kentucky

25% entered service programs

- Alliance for Catholic Education, Baton Rouge, Louisiana
- Amate House, Chicago
- Casa de Esperanza de los Niños, Houston, Texas
- City Year, Los Angeles
- Companeros en Salud/Partners in Health, Mexico
- ECHO, Knoxville, Tennessee

9% pursued other opportunities

- (Completing an internship, joining the military conducting research, taking a gap year, pursuing independent creative or freelance work, or volunteering)

Director of Arts and Letters Pre-Health
104 O’Shaughnessy Hall  574-631-7098
Maureen Dawson  mdawson3@nd.edu
prehealth.nd.edu

Caroline Christmann ’19
Arts and Letters Pre-Health major
M.D. student, Baylor College of Medicine

“I chose to major in Arts & Letters Pre-Health because of the freedom and flexibility it offered me to pursue passions in both medicine and policy. I had the opportunity to take the coursework I needed to prepare for medical school alongside a wide variety of opportunities to expand my knowledge in policy, public health, advocacy, and the world around me more generally. “The most beneficial part of the program was the combination of guidance and flexibility it offered as I pursued my primary major in political science and my pre-med curriculum. I had ample support and advice as I planned my schedule and chose courses that matched my interests timeline.

“The thesis work that I completed for my political science major has quite literally enabled me to network and build connections everywhere from the operating room to national scientific conferences, and continuation of the research I pursued for my thesis has opened new doors and provided thrilling opportunities in medical school, including the opportunity to present at an international conference and prepare the work for publication.

“Long-term, my major in Arts & Letters Pre-Health has given me the critical thinking skills to identify systemic injustices, communicate effectively, and advocate well while pursuing my medical training. Arts & Letters Pre-Health offered flexibility to pursue all of my passions during my four years at Notre Dame, ultimately leading to professional opportunities and the abilities necessary to pursue them.”

Curriculum requirements

- Primary major in the arts, humanities, or social sciences, and
- 8 credits of calculus
- 8 credits of general biology
- 16 credits of chemistry
- 8 credits of physics
- 9 credits of upper-level science electives

Source: Center for Career Development First Destination Reports, 2017–2021

21% started full-time jobs

- ACO analyst, VillageMD
- Adult case manager, Western Montana Mental Health Center
- Analyst, Goldman Sachs
- Clinical informatics specialist, Oak Street Health
- Clinical research assistant, Children’s National Medical Center
- Consultant, Huron Consulting Group
- Financial professional, Equitable Advisors
- Health coach, St. Thomas Community Health Center
- Investment banker, Citi
- Management consultant, HealthScape Advisors
- Medical assistant, Capital Dermatology
- Physicians assistant, St. John’s University
- Pricing analyst, Broker Genius
- Project manager, Epic
- Research coordinator, Northwestern Feinberg School of Medicine
- Research technician, Cleveland Clinic
- Scribe, Emergency Physicians Professional Association

44% enrolled in graduate or professional school

- Medicine: Creighton University, Duke University, Medical University of South Carolina, Michigan State University, Louisiana State University, Northwestern University, Rush University, University College Dublin, University of Arizona, University of Cincinnati, University of Florida, University of Michigan, University of Pennsylvania, University of Toledo, Vanderbilt University
- Dentistry: University of Nebraska, University of Pennsylvania
- Global health: Emory University
- Health exercise and sports science: The Citadel
- International relations: Johns Hopkins University
- Irish writing: Trinity College Dublin
- Physical therapy: Northwestern University
- Physiology: Loyola University Chicago, University of Michigan
- Public and international affairs: Virginia Tech
- Public health: Northwestern University
- Veterinary science: University of Kentucky

25% entered service programs

- Alliance for Catholic Education, Baton Rouge, Louisiana
- Amate House, Chicago
- Casa de Esperanza de los Niños, Houston, Texas
- City Year, Los Angeles
- Companeros en Salud/Partners in Health, Mexico
- ECHO, Knoxville, Tennessee

9% pursued other opportunities

- (Completing an internship, joining the military conducting research, taking a gap year, pursuing independent creative or freelance work, or volunteering)