All incoming students, regardless of their intended program, begin the process of academic discernment in the First Year of Studies.

Since 1962, the First Year of Studies has provided the newest members of our Notre Dame family with the opportunity to find their unique calling.

The heart of your self-exploration, self-discovery, and self-definition in your first year at Notre Dame will be your relationship with your advisor.

Your First Year advisor will help you:

- Place curricular requirements in perspective
- Develop your academic skills
- Find opportunities for intellectual engagement.